



## Policy #F7

Created by: CD  
Reviewed by: CD  
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## Rainbow Ridge School Anti Bullying Policy

This policy is made for the purpose of complying with section 47 of the *Education Act 1990* (NSW) and of the NESA for registration of the school

### DEFINITION

**Bullying is** an ongoing misuse of power in relationships through repeated verbal, physical and/or social behaviour that causes physical and/or psychological harm. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or on line, and it can be obvious (overt) or hidden (covert).

**Bullying is repeated acts of:**

- Physical aggression
- Put-down or insults
- Name calling
- Damage to a person's property
- Deliberate exclusion from activities
- The setting up of humiliating experiences
- 'Ganging up' of a group of children against one child

**Bullying of any form or for any reason can have long-term effects on those involved, including bystanders.**

**Bullying is not** single incidents and conflict or fights between equals, whether in person or online. However, these conflicts still need to be addressed and resolved.

**Behaviour that do not constitute bullying include:**

- Mutual arguments and disagreements where there is no power imbalance
- Not liking someone or a single act of social rejection
- One off acts of meanness or spite
- Isolated incidents of aggression, intimidation or violence

## RATIONALE

- At Rainbow Ridge School we believe all people have the right to feel safe both physically and psychologically.
- Bullying impacts negatively on the people involved, including bystanders, interfering with their right to learn and feel secure and damaging their sense of wellbeing.
- Bullying is a systematic abuse of power involving deliberate hurtful gestures, words, or actions, which are repeated over time and can involve violence.
- Bullying includes racist and gender harassment or any other forms of discriminatory behaviour and may occur because of people's inability to accept or value differences.
- The School's anti-bullying policy and practices are congruent with our broader social behaviour policy and practices and student wellbeing practices.
- We have a responsibility to empower our school community to identify and implement strategies to eliminate and prevent bullying.
- This policy supports and is in addition to the Rainbow Ridge Social Behaviour Policy.

## PURPOSE

- To provide a school environment where members of the school community are able to learn, work and socialise free from bullying.
- For our school community to have an understanding of all forms of bullying and to develop and implement effective strategies to prevent and counter bullying.

## GUIDELINES

- A safe learning environment is promoted by all staff, where bullying is identified and countered.
- Members of the teaching staff develop codes of conduct in their learning environments and respond to inappropriate behaviour as and when it occurs.
- All students are taught to recognise, report and participate in the school's Social Behaviour Policy and procedures and agree to: no violence, no bullying, no putdowns, no racist harassment and no sexist or gender harassment.
- All students are involved in learning to be safe, responsible and respectful.
- Strategies to deal with the issue of bullying include prevention, intervention and post-

intervention.

### Prevention strategies

- Identifying and defining the difference between conflict and bullying.
- Line-of-sight in all areas of the playground.
- Planned teaching and learning linked to anti-bullying.
- Teaching for and about diversity.
- Providing professional learning for all staff about anti-bullying.
- Teaching students about problem solving, conflict resolution and anger management.
- Using the curriculum to teach about respectful relationships.

### Intervention strategies

- Assisting students who have been bullied and teaching strategies to counter bullying.
- Close supervision and sufficient staffing at break times with clear guidelines for how to watch out for and intervene when bullying behaviour is observed.
- Involving parents when appropriate about bullying issues.
- Implementing consequences for those whose behaviour is bullying, as well as assisting them to deal with their issues.
- Teaching students of their responsibilities as contributors or bystanders.

### Post-intervention strategies

- Monitoring situations between the students to ensure that their safety and wellbeing are maintained.
- Informing and discussing with parents strategies used to prevent and deal with bullying behaviour.
- Reviewing and evaluating the school's Social Behaviour Policy and Procedures.

#### **Associated Documents**

Parent Handbook

WHS Policy

Communication Guidelines

Social Behaviour Policy and Procedures

Anti-Discrimination Policy